

Kidscape Back To School programme - 2020



Lockdown has had a huge impact on the lives of children and young people and they will need our support to transition **Back To School** life. Kidscape's '**Back To School**' programme will launch at the beginning of September and will help children to return to school feeling safe, confident and supported.

The programme will be aimed at children aged 9-12 years old (Year 5 - Year 7) and will provide resources for both teachers and parents and carers, providing a weekly activity for children whether they are at home or at school. The programme will also include top tips for children and parents and carers, and signpost to Kidscape services (e.g. [RISE transition support workshops](#), [ZAP bullying awareness and resilience workshops](#), [Community Leader Programme training](#), [Parent Advice Line](#)).

The programme will have a target reach of 2000 teachers/ parents and carers with potential to reach at least 10,000 children in primary schools throughout England and Wales.

Activities:

Week 1: Managing and adapting to change

Week 2: Own thoughts and feelings

Week 3: Building and maintaining positive friendships

Week 4: Feeling confident and being proactive

Week 5: Speaking up and challenging bullying

Week 6: Pursuing your dreams

Week One: Managing and adapting to change

[DOWNLOAD NOW](#)



Week Two: Own thoughts and feelings

Bullying Awareness training - Zap in Schools Programme

Prevent all forms of bullying and keep children safe.

[FOR YOUNG PEOPLE](#)

[FOR PARENTS AND CARERS](#)



Online Safety and Cyberbullying Awareness

Understand the potential risks associated with keeping young people safe online.