

# Lewisham Primary Menu 2020 – 21

## Road Dahl Menu

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Hot Main Dish</b>	The Incredible Burger <i>With Cajun Potato Wedges</i>	Chicken Tikka Masala <i>with Rice **</i>	Succulent Roast Chicken <i>with Roast Potatoes and Gravy</i>	Beef Lasagne <i>with a Garlic &amp; Herb Bread Wedge **</i>	Southern Fried Chicken Tasters <i>and Chips</i>
<b>Alternative Dish</b>	Veggie Korma <i>with a Rice side **</i>	Quorn Bolognese <i>with Pasta **</i>	Quorn Roast <i>with Roast Potatoes and Gravy (pastry)</i>	The Incredible Burger <i>With Cajun Potato Wedges</i>	Quorn Dippers <i>and Chips</i>
<b>Vegetables</b>	Peas Sweetcorn	Green Beans Carrots	Parsnips Peas	Sweetcorn Broccoli	Peas Baked Beans
<b>Salad Bar</b>	'Salad of the Day', Tomato, Cucumber, Lettuce, Carrot	'Salad of the Day', Tomato, Cucumber, Lettuce, Sweetcorn	'Salad of the Day', Tomato, Cucumber, Lettuce, Peppers	'Salad of the Day', Tomato, Cucumber, Lettuce, Carrot	'Salad of the Day', Tomato, Cucumber, Lettuce, Sweetcorn
<b>Desserts</b>	Mango Frozen Yoghurt <i>with Fruit Slices</i>	Apple Cake* <i>with Fruit Slices</i>	Fruit and Yoghurt Bar	Berry and Peach Crumble * <i>with Custard</i>	Cheese & Biscuits <i>with Grapes &amp; Apples</i>
	Yoghurt & Fresh Fruit Slices*	Yoghurt & Fresh Fruit Salad*		Yoghurt & Fresh Fruit Salad*	Yoghurt & Fresh Fruit Slices*

Cool Water, Fresh Fruit, Freshly Baked Bread and Yoghurt available daily

\*Fruit Based \*\*Wholegrain \*\*\*Oily Fish

4/1, 11/1, 18/1, 25/1/21

