



Lewisham Children  
and Family Centres

www.lewishamcfc.org.uk



Come & reconnect with nature



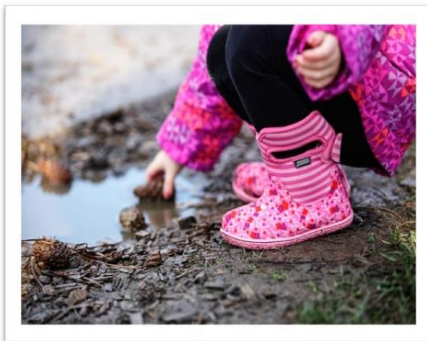
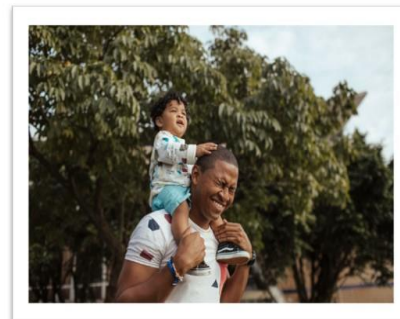
# HEALTHY WALKS

Enjoy a healthy walk exploring nature in Ladywell

Thursday 3rd June

10:30am - 11:30am or 1:30pm - 2:30pm

Meet outside  
Ladywell Children &  
Family Centre  
30 Rushey Mead, SE4 1JJ



Free Session



Wear suitable clothing



To book your place

go to [www.lewishamcfc.org.uk/booking-form](http://www.lewishamcfc.org.uk/booking-form)

or text or leave a message on 07377 724243

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