

More Activity Ideas

Family Time Tips is an innovative new digital service for families and is FREE to join!

It offers fun, practical tips and advice to promote children's learning and development family direct to your mobile.

Daily topics include language and learning through play activities, health and wellbeing tips plus nutritional advice for you and your child. We have carefully chosen these activities to ensure they positively support your child's development. From hand jellyfish craft at the National Marine Aquarium to indoor bike ride adventures, enjoy!

If you are interested in signing up, please contact Mrs Parish in school. You can choose to opt-out at any time.

Stories and reading

The Literacy Trust has lots of tips, info and great activities for babies to 11 year olds to encourage communication and reading. <http://www.wordsforlife.org.uk/baby>

David Walliams reads 30 of his audio

books <https://www.worldofdavidwalliams.com/elevenses/>

Eric Carle reads The Very Hungry

Caterpillar <https://www.facebook.com/watch/?v=495841734624730>

Cbeebies has a different story read every

night <https://www.bbc.co.uk/iplayer/episodes/b00jdlm2/cbeebies-bedtime-stories>

Did you know you can access e-books, e-comics, audio books, newspapers and films for free through Lewisham Libraries? Check out the link below for information on how to access these resources.

<https://lewisham.gov.uk/myservices/libraries/elibrary/using-the-elibrary>

Crafts and Activities

Make your own paint using spices from the cupboard <https://craftulate.com/sensory-spice-painting> This website also has lots more craft activities.

Collect your own treasure using an egg box treasure

box <https://tinkergarten.com/activities/kids-collect> Tinkergarten has lots of ideas for fun and learning outside.

Watch seeds grow in this science lesson for

children <https://littlebinsforlittlehands.com/seed-jar-science-experiment-kids/> This site also has more science themed activities.

Bubbles are magic, especially to young children – download [this document](#) for ideas, songs and recipe.

Music and movement

Join in with Mr Tumble for fun songs with

actions <https://www.bbc.co.uk/cbeebies/shows/something-special>

These 10-minute bursts of fun will really get your kids moving and count towards the 60 active minutes they need every day!

<https://www.nhs.uk/10-minute-shake-up/shake-ups>

Andy's Wild Workouts – “Andy travels the world to amazing places and learns to move like the animals he meets on his wild adventure.”

<https://www.bbc.co.uk/iplayer/episodes/p06tmmvz/andys-wild-workouts>