

John Ball Primary School
Southvale Road · Blackheath · London SE3 0TP . Telephone: 0208 852 1601

Headteacher: Mrs Jacqui Noakes
Deputy Head: Mr Stephen Mitchell

E-mail: admin@johnball.lewisham.sch.uk
Website: www.johnball.lewisham.sch.uk



John Ball School is fully committed to safeguarding all pupils and celebrating diversity.

Dear Parents and Carers,

Relationships and Health Education (RHE)

Relationships and Health Education (RHE) is an important part of our school commitment to provide pupils with the knowledge and skills to keep themselves safe, make healthy choices, develop respect for themselves and others, and form positive and healthy relationships.

You can learn more about RHE provision in school by reading our Sex and Relationships Policy on the school website. The government guidance for Relationships and Health Education (2019) outlines statutory learning outcomes for all primary-aged pupils from September 2020. In addition, as recommended by the Department for Education, we also teach non-statutory elements of sex education in an age appropriate manner in year 6. To deliver our curriculum, we use the Discovery Education Health and Relationships Programme to support us in meeting these outcomes through dedicated lesson time.

The programme lessons progress from year 1 to year 6 with activities and videos to make learning engaging and enjoyable for our pupils, as well as developing their learning and understanding in an age-appropriate way. **As all the content in Year 1 is included in the statutory curriculum, there is no need to provide consent.**

In year 1 pupils cover the following content across the year:

Healthy and happy friendships: *Forming friendships and how kind or unkind behaviours impact other people.*

Similarities and differences: *Similarities and differences between people and how to respect and celebrate these.*

Caring and responsibility: *Identifying who our special people are and how they keep us safe.*

Families and committed relationships: *What a family is (including difference and diversity between families), and why families are important and special.*

Healthy bodies, healthy minds: *Our bodies and the amazing things they can do. Learning the correct names for different body parts.*

Coping with change: *Growing from young to old and how we have changed since we were born.*

In line with our RHE policy, teachers will answer any questions from pupils in an age-appropriate and factual way, without personal bias or judgement. Questions will be answered in one of the following ways: by providing an answer to the whole class; by giving an individual answer to a pupil, or, on rare occasions, by contacting parents if we feel the question would be better handled in the home setting.

We welcome you contacting us if you have any questions or comments about the school's approach to this important, statutory area of learning. If you would like to see any of the content of the programme in more detail, please contact me to arrange a visit.

Yours sincerely,

Stephen Mitchell

Stephen Mitchell
Deputy Headteacher