

**John Ball Primary School**  
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**John Ball School is fully committed to safeguarding all pupils and celebrating diversity.**

Dear Parents and Carers,

### **Relationships and Health Education (RHE)**

Relationships and Health Education (RHE) is an important part of our school commitment to provide pupils with the knowledge and skills to keep themselves safe, make healthy choices, develop respect for themselves and others, and form positive and healthy relationships.

You can learn more about RHE provision in school by reading our Sex and Relationships Policy on the school website. The government guidance for Relationships and Health Education (2019) outlines statutory learning outcomes for all primary-aged pupils from September 2020. In addition, as recommended by the Department for Education, we also teach non-statutory elements of sex education in an age appropriate manner in year 6. To deliver our curriculum, we use the Discovery Education Health and Relationships Programme to support us in meeting these outcomes through dedicated lesson time.

The programme lessons progress from year 1 to year 6 with activities and videos to make learning engaging and enjoyable for our pupils, as well as developing their learning and understanding in an age-appropriate way. **As all the content in Year 2 is included in the statutory curriculum, there is no need to provide consent.**

In year 2 pupils cover the following content across the year:

**Healthy and happy friendships:** *Understanding what makes a happy friendship. Understanding personal boundaries and safe/unsafe situations.*

**Similarities and differences:** *Exploring different strengths and abilities. Understanding and challenging stereotypes.*

**Caring and responsibility:** *The different communities and groups we belong to and how we help and support one another through these.*

**Families and committed relationships:** *The different types of family members and how families vary.*

**Healthy bodies, healthy minds:** *Ways to stay healthy, including safe and unsafe use of household products and medicines.*

**Coping with change:** *Exploring how our bodies and needs change as we grow older. Aspirations and goal setting.*

In line with our RHE policy, teachers will answer any questions from pupils in an age-appropriate and factual way, without personal bias or judgement. Questions will be answered in one of the following ways: by providing an answer to the whole class; by giving an individual answer to a pupil, or, on rare occasions, by contacting parents if we feel the question would be better handled in the home setting.

We welcome you contacting us if you have any questions or comments about the school's approach to this important, statutory area of learning. If you would like to see any of the content of the programme in more detail, please contact me to arrange a visit.

Yours sincerely,

*Stephen Mitchell*

Stephen Mitchell  
Deputy Headteacher